

# Session 2

## Be Present (Embrace)

### Key learning

Children learn that kindness and forgiveness can help heal and make them feel better, and they understand how these values can be seen in their own creations and interactions.



## Before the session

### You will need:

- Slides for this session, with sound
- Plain paper/colourful paper
- Paints (for children's handprints)
- Stick, balloon, or hula hoop

### ✍ Notes

# Be Present (Embrace)

We can make everyone feel welcome.

## Explore vocabulary

These are the words included on the widgit mat for this session:

- Gallery
- Agree
- Disagree
- Together
- Kindness
- Emotions

## Story

In this session, children learn how kindness and forgiveness can help us heal and feel better about a situation.

Children are reminded of the story *I Want My Hat Back* by Jon Klassen and the hats they created in the last session. You might like to repeat the 'gallery walk' from the last session – where the children look at and talk about their hat designs.



# Space

## Be Present (Embrace)



### Activity

## Stand up, sit down

**Active voice:** "Introduce children to the game."

Explain that you are going to say a statement and if they agree with it (think the statement is right), they should stand up. If they disagree (think the statement is wrong), then they sit down.

While playing the game, identify things that children agree and disagree about and ask why they feel the way they do. This will help children to recognise that they are unique and sometimes think differently to their friends.

Some children might choose the same option as their friends rather than making their own decision. To help get a more honest reflection of each child's individual thoughts or feelings, you could try playing the game with everyone's eyes closed or backs turned when making their choices.



### Activity

## Handprints

Encourage the children to express themselves by using colours to create their handprints. These handprints can be cut out and arranged around a display featuring pictures of children showing acts of kindness and playing together.

## Notes



## Activity

# The helium stick

## Notes

To reinforce the idea of working together and increase trust, ask the children to make a circle (or a line with children standing opposite each other). Ask them to raise their arm parallel to the ground towards the middle of the circle and extend their index finger. The adult places an object (a stick, balloon, hula-hoop) in the middle of the circle and children must work together to bring the object to the ground without dropping it.

## Sanctuary



### Bible passage

**"Love one another."**

*John 13:34 (NIV simplified)*

Sometimes we don't agree or feel different things, and that's okay. This verse reminds us to still love each other. We can still be friends and make everyone feel welcome by being kind and caring.



difference.



## Song

**Teach children this rhyme to help them remember what to do when we disagree:**

"When we don't agree,  
that's ok, you see!  
We stop, we talk, we share,  
We show each other care."



## Reflection

**You may want to read this reflection aloud to your pupils.**

Sometimes we don't agree with our friends. Maybe we both want the same toy or want to play different games. That can make us feel sad or even frustrated.

But when we stop, breathe, listen and use kind words, we can figure it out together.

That's how we solve problems and stay good friends.  
That's how we make everyone feel welcome.





## Prayer

Dear God,

Sometimes I get upset when I don't agree  
with my friends.

Help me to use kind words. Help me to  
listen and share.

Help me to make others feel welcome, and  
love my friends like you love me.

Amen.

 **Notes**



## End of session 2