Session 3 Navigating Disagreement

Key learning

Children will learn that their words have the power to build others up or cause hurt, and that even when we disagree, we can still maintain good relationships by using kind words and listening to each other.

Before the session

You will need:

- Slides for this session, with sound
- Leaf and fruit templates (provided in resources)
- Optional: Toothpaste tubes

Notes

Notes

Story

Be Curious (Community)



Film

Play the film '30 seconds or less.'
Explaining the message - 'if
someone can't change something
about themselves in 30 seconds
or less, we should not be
mentioning it to them'.

Pause the video at 6 seconds.

Ask the children to discuss what these things may be and give ideas.

Continue watching the rest of the video. Ask the children to think of some kind words and phrases that can be used within the class. The creation of these could also encourage children to create classroom promises.



Space

Notes

Be Present (Embrace)

Continuous Provision Activities

Option 1:

Kindness tree

Invite children to help create a class Kindness Tree.

This can be made using a large paper tree trunk and branches displayed on a wall or board. Provide children with leaf or fruit-shaped templates where they can draw or write kind words, pictures, or actions they've shared or experienced during the session.

Encourage children to contribute throughout the week, not just during one lesson. This helps reinforce that kindness is ongoing.

Add class promises to the tree as a visual reminder of how you've agreed to treat one another. Ensure children's feedback and kind contributions from the session are also displayed – this keeps their voices visible and helps to keep kindness at the forefront of the classroom environment.

Option 2:

30-second challenge

To reinforce the concept of time, children are given a series of challenges to complete within 30 seconds.

Examples:

- Take off your shoes and put them back on
- Run the length of the playground
- Build a 12-block tower
- Write your name

Option 3:

Toothpaste tube

Children to work in small groups to squeeze out a whole tube of toothpaste and then try to get it all back into the tube.

Reinforce the idea that words are powerful and highlight how important it is to use our words to spread love and kindness, as once they come out it's very difficult to take them back.

Sanctuary

Reimagine (Power)



Bible passage

"Kind words are like honey – sweet to the soul and healthy for the body."

Proverbs 16:24 (NLT)

This verse is simple, positive, and helps children understand how their words can be kind and encouraging, making a good impact on others.

Notes



Notes

You may want to read this reflection aloud to your pupils.

Being kind is like sharing a big, warm hug with the people around us. When we are kind, we use nice words and do good things for others. It makes everyone feel happy!

Imagine sharing your toys or helping a friend who is sad. Those are the ways to be kind. When we are kind, we make the world a better place.

So, let us always try to be kind and spread happiness everywhere we go!



Prayer

Dear God,

Thank you for loving us. Help us to be kind to everyone we meet.

Teach us to use kind words and actions every day.

Thank you for the love and friendship we share, and for making us part of a wonderful community.

Amen.



End of session 3