

# Session 1

# Introduction

## Key learning

Pupils explore the habits of *difference* and are immersed in wondering about the definition of beauty.



## Before the session

### You will need:

- Slides for this session, with sound
- A copy of *Sulwe* by Lupita Nyong'o

## Story

### Be Curious (Community)

### Discussing the habits

It is essential to help pupils develop three habits that will enhance their engagement and understanding. These habits – **Be Curious**, **Be Present**, and **Reimagine** – will help pupils approach the resources with an open mind, active engagement, and creative thinking.

### Notes

## Notes



### Film

**Show your class the LKS2  
*Difference* habits video.**

We recommend playing the LKS2 *Difference* habits video as a gentle and engaging way to introduce the key ideas of the course. We'd encourage you to replay this video at any point during the course – it can be a helpful reminder of the habits or a prompt for reflection as pupils grow in their understanding.

### Discussion

Introduce children to Angélica Dass' *Humanae* project. Show a selection of stills on the screen, followed by a series of questions that elicit existing assumptions.



### Ask the children the quadrant questions:

- What do you see?
- What do you think?
- What do you know?
- What do you want to know?

## Suggested questions for discussion:

- What is similar? What is different?
- Who might be the best at...?
- Who is most beautiful? Is anyone on here not beautiful?
- What if I told you that this person was the best at...?
- How did you decide who was the most beautiful?
- What if I told you that every single person on this grid is beautiful?!

# Space

## Be Present (Embrace)

### Ask:

- What could be the story of this person?

Select individual stills from the slides, and ask your pupils questions about the person on the screen:

- Age
- Place of birth
- Occupation
- Hobbies/ interests
- Personality/ temperament
- Is this person beautiful?

### Explore the children's reasons for their choices:

- Why do you think 'Person A' does x for work?
- Why do you think 'Person B' likes to listen to x music?
- Why do you think 'Person C' is beautiful?

# Sanctuary

## Reimagine (Power)

 **Notes**



### Film

Read or watch *Sulwe*.

This story focuses on a character who struggles with her inner beauty as well as physical beauty.



### Bible passage

"For we are God's  
masterpiece..."

*Ephesians 2:10 (NLT)*

A masterpiece is something very special, like a beautiful painting or a wonderful song. This verse tells us that we are God's masterpiece – every single one of us. That means God made us on purpose, with love, and thinks

difference.

we are amazing, no matter what we look like or where we come from.

### **Ask:**

- Sulwe felt sad because she didn't look like the people around her. Have you ever felt left out or different?
- How would it feel to remember that you are God's masterpiece?
- What can we do to help others feel like they are special too?



## **Reflection**

**You may want to read this reflection aloud to your pupils.**

Imagine a garden with many different flowers. Some are red, some are blue, some are big, and some are small. Each flower is unique, and together they make the garden beautiful. People are like these flowers. We come from different places, have different skin colours, speak different languages, and have different traditions. And just like the flowers, our differences make the world a more beautiful and interesting place.

When we meet someone who looks different from us or comes from a different country, it's like discovering a new and special flower. We can learn so much from each other! Maybe your new friend knows a cool game you've never played before or can teach you words in another language. Every person has something unique and wonderful to share.



## Prayer

Dear God,

Thank you for bringing us together today.

Help us to see the beauty in everything around us. Open our eyes to the wonders of nature, the colours of the flowers, the songs of the birds and our own inner beauty.

Teach us to recognise the beauty in others. Help us to see how special and unique each one of us is. Guide our hearts to appreciate kindness, friendship, and love, which are the most beautiful things of all.

Thank you for making our world so full of beauty.

Amen.

## Notes



## End of session 1

difference.